

# 2ND WORLD CONGRESS OF ARTS THERAPIES

AUGUST 28-31, 2011  
BUDAPEST CONGRESS CENTRE  
BUDAPEST

**FIRST NOTICE**  
CALL FOR PAPERS

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## INVITATION

The Hungarian National Arts Therapies Association, which has shown its professional expertise as the organizer of the successful 1st World Congress of Arts Therapies, based on the experience and positive outcome of this first large-scale pioneering event, ventures to hold a second convention, and hereby announces the

### **2nd World Congress of Arts Therapies.**

This event forms an integral part in the process of congresses on arts therapies, unique in its kind in spanning all branches of arts therapies and all the general, multi-and interdisciplinary scientific topics of arts therapeutics and treatment. It also includes related questions on the reciprocity and interaction among fields of arts and sciences and arts therapies. It furthermore discusses the professionalization of arts therapies and issues of university education. In geographical terms – in view of the participants of the first congress - we can also claim a large-scale international undertaking, covering four continents.

#### **ART AND SCIENCE COMMITTEE**

**Dr. Bartos, Éva**, Director of the Library Institution of the National Széchényi Library, bibliotherapist

**Dr. Csizsér, Nóra**, psychiatrist, neurologist, psychotherapist, retired head of Department of the Crisis-Intervention and Psychiatry of the Hospital Sándor Péterfy

**P. Guy Gilbert**, Association Père Guy Gilbert, Bergerie de Faucon

**Dr. Harmatta, János**, psychiatrist, psychotherapist, Head of the Department of Psychiatry at the Tündérhegy Institute

**Dr. Hász, Erzsébet**, historian of literature, writer, leading teacher of biblio-music-art therapy, twice awarded the Kazinczy Prize for performing arts

**Dr. Jelenits, István Sch.P.**, Founder and Head of the Esthetical Institute of the Péter Pázmány Catholic University's Faculty of Arts

**Jókai, Anna**, writer and poet, awarded the Kossuth Prize and the Attila József Prize, Chairman of the Hungarian Writers' Association, founder of the Digital Literary Academy

**Dr. DDr. hc Kasper, Siegfried**, university professor, psychiatrist, Director of Medizinische Universität Wien, Universitätsklinik für Psychiatrie und Psychotherapie

**Kocsis, Zoltán**, Pianist, awarded the Kossuth Prize and the Ferenc Liszt Prize, conductor and composer, Chief Musical Director of the Hungarian National Philharmonic Orchestra

**Dr. Kurimay, Tamás** psychiatrist, psychotherapist, addictologist, President of the Hungarian Psychiatric Society, head of the Department of Psychiatry and Psychiatric Rehabilitation at the St. János Hospital

**Dr. Magyar-Beck, István**, professor emeritus, creatologist, Honorary President of the International Society of Creatology

**Dr. Menzen, Karl** prof. habil., University of Arts Therapies, Nürtingen, Germany

**Prof. emeritus Moreno, Joseph**, Music Therapy at Maryville University, Director of the Moreno Institute for Creative Arts Therapies

**Dr. Nagy, Attila**, psychologist, sociologist, researcher on reading, chief advisor to the National Széchényi Library, Founding President of the Hungarian Reading Society

**Dr. Schmidlin, Serge**, Director of the Audio Consulting Institute, Switzerland

**Dr. Sipos, Lajos**, university professor, professor of applied literary sciences, Institute of Literature of Péter Pázmány Catholic University's Faculty of Arts

**Dr. Simon, Szilágyi**, psychiatrist, psychotherapist, Head of the Department of Crisis-Intervention and Psychiatry of the Sándor Péterfy Hospital

**Dr. Vizi, János**, dr. med. et. jur., psychiatrist, clinical pharmacologist

#### **ORGANIZING COMMITTEE**

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**Csizmadia, Noémi**, coordinator of the Congress of the Hungarian National Arts Therapies Association

**Dr. Hász, Erzsébet**, Chief Secretary of the Organizing Committee, President of the Hungarian National Arts Therapies Association

**Köves, Tamás**, Director of Meeting Budapest Conference and Event Organizer Ltd.

**Nedeczky, Ildikó**, Head of the sport therapy section of the Hungarian National Arts Therapies Association

#### **MAIN TOPICS OF THE CONGRESS**

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##### **ART AND CULTURE HISTORY AND ARTS THERAPIES**

Art, therapy and/or magic in ancient cultures

The Dionysian musical and dance cult and catharsis

The Apollonian principia of art and medical treatment

The relationship between art and medical treatment in the Bible

*The philosophia perennis* as discoverer of the therapeutic effects of arts in European culture

The Socratic beautiful, good and true; the Thomasian '*res, aliquid, unum, verum, bonum és pulchrum*', the role of human judgement capability after the Kantian *true, beautiful and good* in art therapy

The relationship between therapy and religion in Indian art

The relationship between zen and arts, zen and therapy

The application of the disciplines of Kung-Fu-Ce and Lao Ce in arts therapies

The birth and history of psychiatric science reflected in its relationship with arts therapies

The effects of Freudian art theory and Jung's art therapy concept in the appearance of arts therapies in modernism and its development in the postmodern era

The relationship between the history of psychiatric institutes and arts therapies

The origins of psychological science, its history and milestones as reflected in its relationship with arts therapies

A multi- and interdisciplinary study of arts therapies, products (esthetical, psychological, sociological, etc.)

The arts of pre-modern, modern and postmodern times in the light of their relationship to the public, and the developing relation between art and therapy

Appearance of the concept of arts therapies and the professional process in arts therapies

Postmodern underground arts from the point of view of sociology, socio-psychology and arts therapies

L'art brut

What is Art? – the relationship between art philosophical trends and arts therapies theories

The professional artist and art in arts therapies

The patient's active art therapeutic activity

The ill human being as a special recipient of art

The arts therapies group and the group process

Arts therapies tailored to the patient

Representing psychological diseases in professional art creations

The birth of a piece of art versus the birth of an arts therapies product

Creativity psychology in arts therapies

The psyche of the patient in arts therapies product

The psyche of the artist in the oeuvre: a paleo-diagnostic application of works of arts and artists' biographies

Current topics: arts therapies in university education, students' reports, professional papers, anological studies about arts therapies teaching, experiences of arts therapists and teachers regarding the professionalization of arts therapies, career stories: „I am an arts therapist; my profession's title is ...” (elementary studies, career orientation, and professional vocation).

Arts therapies in the integration of international university education, flexibility in the different educations, mobility of students

### **FIELDS OF ARTS THERAPIES AND SUGGESTED TOPICS FOR MUSIC THERAPY**

Pre-history of music therapy, history of music therapy, its present situation and development, prospects and fields of application, professional and scientific music therapy organizations, communities, forums, fields and branches of music therapies, schools, tendencies, and presentation of research

Active/receptive music therapy – theory and practice

Music therapy in complex art therapies

Instrumental and vocal music therapy

The Primal Scream and the reception of other musical or non-musical, vocal and instrumental sounds and tones, and production of these in music therapy

The difference between the effects of live music and „canned” music

The role of technical conditions of listening to music in receptive music therapy

The instrumental and vocal knowledge of the music therapist

Self-help music therapy; music therapy CDs

‘Good music’ and ‘bad music’

Music therapy with computer use

## **BIBLIOTHERAPY**

Bibliotherapy trends and different names: literature therapy, active and receptive bibliotherapy, poetry therapy, creative writing, Lesetherapie, Schreibtherapie, text therapy, poetry-reading therapy, developing bibliotherapy, e-bibliotherapy

The origins and ancient precedents of bibliotherapy: casting spells, incantation and other ritual verbal activities; history of bibliotherapy, fields of its application

The bibliotherapist's capability and skills for fiction and knowledge of creative writing

The relationship between bibliotherapy and library science

The meaning of electronic bibliotherapy and its fields of application

Self Help Books

'Good literature' and 'bad literature' in bibliotherapy

Therapeutic goals and effect mechanisms, research, experiments, theoretical questions of bibliotherapy, e.g. theory of reception in bibliotherapy

Bibliotherapeutic possibilities in the field of reading difficulties

Bibliotherapeutical discussions of fiction and texts

Bibliotherapy in the world of silent reading and hearing

## **PSYCHODRAMA, DRAMA THERAPY, BIBLIODRAMA**

The origins of psychodrama, its history and development, educational and organizational structures, fields of application, research, experiments, and theoretical studies

Questions regarding overlapping fields and definitions: psychodrama, drama therapy, drama pedagogy, bibliodrama – similarities and differences

Drama therapy as an individual form of arts therapies, its application fields, therapeutic goals and effect mechanisms, trends and tendencies

The meaning of bibliodrama, its span, its methods, pedagogical and therapeutical connections and contexts

Research, experiment, experience – theoretical questions, impact studies in the fields of drama-therapy, drama-pedagogy and bibliodrama

## **ARTS, APPLIED ARTS AND DESIGN, FILM- AND PHOTOTHERAPIES**

Its antecedents in ancient cults and cultures and in the present life of indigenous peoples, their history and development, fields of application, methods and schools, information material on theory, practical presentations, exhibition objects

Multi- and interdisciplinary researches, experiment, effect studies

The therapeutic role of the various art, applied art and design therapies, their special features

The role of the computer in therapies based on visual arts

Individual and group therapy methods, experiments, therapeutic processes, therapeutic goals and effect-mechanisms

The importance of the therapist's manual skills and art talent and the patient's talents

Multiplication technologies as restrictions of the original visual effect

Vision as active therapy or picture editing as therapeutic act  
The effects of 'good' and 'bad' visual experience on the observer in everyday life, in the fields of arts and in therapy  
Moving pictures as perceptual revolution in the arts and in art therapies  
The role of animation and cartoons in art therapy  
Comics in art therapy; design and art therapy  
Talents manifesting in photo, in films, and technical knowledge in therapy  
Questions on choice and selection of art object in the fields of receptive visual therapies

### **DANCE, PLAYS, ACTION, SPORT AND ART OF MOVEMENT THERAPIES**

The precedents of dance therapy in prehistoric cults, the relationship of dance, religion and medical treatment in different cultures  
The therapeutic significance of basic movements  
The complexity of dance and art of movement therapies  
Play therapy as art therapy: *homo ludens* in the child, in the artist and in the therapeutic process  
Sport as play, art, entertainment, source of joy – and therapy in the sense of *mens sana in corpore sano*  
Action therapy – the art of activity in therapy  
Therapeutic application of the arts of movement – information material on it's theory, practical presentations, fields of application, therapeutic goals, researches, experiments, experiences, theoretical studies  
Presentation of methods, schools, professional organizations, and forums  
The dance and art movement activity, sport activity of the therapist  
Indications and contraindications (e.g. somatic state of the patient)

### **COMPLEX ARTS THERAPIES AND FIELDS ON THE BORDERLINE: HIPPO THERAPY, PET THERAPY**

Variations of complexity, such as music and painting, literature and drawing, music and physical activity, drama and physical activity with music, non-verbal drama with music, etc.  
History and development, trends, fields of application, indication and contraindication, professional organizations  
The appearance of hippo therapy and pet therapy, its history and development, trends, fields of application, indication and contradiction, presentation of professional organizations, work teams, schools, researches, experiments and results

### **OFFICIAL LANGUAGE**

The official languages of the conference are Hungarian and English.  
We provide simultaneous translation.

### **PAPERS**

The International Scientific Committee decides the acceptance of the papers submitted.  
The abstracts of papers must be submitted together with the preliminary application form, must be written in English, and cannot

be more than 350 words. Participants can apply also for poster papers. Their selection process and preparation is the same as for other papers. We provide written abstracts in English for both live and poster papers.

### **SECTION SESSIONS**

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The selected papers will be presented by the authors during the sessions of the relevant subjects. A paper can take up to 15 minutes.

### **IMPORTANT DATES**

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**December 15, 2010:**

Final date to submit abstracts (max. 350 words)

**January 30, 2011:**

Notice of the acceptance of papers

**February 15, 2011:**

Second information leaflet with the program-preview and with the application form

**April 15, 2011:**

Final date for submitting the paper

### **CONFERENCE OFFICE**

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UP-TO-DATE INFORMATION ABOUT

THE CONGRESS IS AVAILABLE

on the website [www.arttherapy.worldcongress.hu](http://www.arttherapy.worldcongress.hu)

*Please forward abstracts and preliminary application forms to*

*the address of the conference organizing office:*

**Meeting Budapest Kft.**

**Meeting Budapest Conference and Event Organizer Ltd.**

Budapest 1146, Dózsa György út 1.

Tel: +36 1- 460 1161 / Fax: +36 1- 460 1164

E-mail: [meeting@meetingbudapest.hu](mailto:meeting@meetingbudapest.hu)

PRE-APPLICATION FORM  
2<sup>ND</sup> WORLD CONGRESS OF ARTS THERAPIES  
28-31 AUGUST 2011

Sending back to: Meeting Budapest Kft., H-1146 Budapest, Dózsa György út 1. Hungary  
Fax: 0036-1/460-1164 E-mail: meeting@meetingbudapest.hu

Participation on the congress:  
Sending presentation draft

Surely  
Yes

Probably  
No

With accompanying person

PARTICIPANT

Name of participant: .....

Name of Institute: .....

ADDRESS:

Country, city, postal code: .....

Telephone: .....

Street number:.....

E-mail:.....

I am interested in:.....

*Information regarding the academic and miscellaneous programs you will receive with the registration form on the 15<sup>th</sup> February 2011.*

Date:

Signature:

# MEETING BUDAPEST KFT.

BUDAPEST  
DÓZSA GYÖRGY ÚT 1.  
H-1146  
Hungary